# “3-minute Concept” Animated Video Clips Series:

# “Triangular Theory of Love”

# Worksheet

Watch the animated video clip “Triangular Theory of Love” and answer the following questions.

**A. Fill-in-the-blank Questions**

**Put the correct answers in the spaces provided.**

American psychologist, Professor Sternberg, proposes the Triangular Theory of Love which states that love should be composed of three elements, including:

( Intimacy )(is a feeling that makes people feel close and connected and bonded)

**Consummate love**

( Passion )

(is a feeling of intense emotion towards the person you like)

( Commitment )

(is the decision you make and the responsibility you take in order to nurture and maintain a love relationship)

**B. 　 True or False**

**Study the following sentences. Put a “T” in the blank for correct description and an “F” for incorrect description.**

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| --- | --- | --- |
|  | “Romantic love” is a love relationship composed of “intimacy" and “passion”. | T |
|  | If people have sex on impulse, it may cause the risks of unwed pregnancy. | T |
|  | “Companionate love” is a love relationship mainly composed of “intimacy” and “commitment”. | F |

**C. Short Questions**

How can we build a mature and healthy love relationship?

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| Only through a strong combination of the three components, “intimacy”, “passion” and |
| “commitment” ,we can build a mature and healthy love relationship. |